



The "Beauty Vitamin"

Performance Materials
Surface Solutions – Cosmetic Actives



# RonaCare® Biotin Plus **Benefits at a glance**

**Power of** vitamins to improve skin, hair and nail conditions

RonaCare®
Biotin Plus
for
cosmetic
applications

Stable and easy to handle

Improved solubility of biotin

70-fold increased solubility

Improved bioavailability of biotin

Penetration into Strateum Corneum increased



## What is RonaCare® Biotin Plus? **Technical details**

**RONACARE® BIOTIN PLUS** – A special synergistic combination consisting of biotin as well as a buffer system and penetration enhancer – **optimized for topical applications** 

**INCI:** Urea, Disodium Phosphate, Biotin, Citric Acid

**D(+)-Biotin:** ~ 11.5 %

**Appearance:** White crystalline powder

**Function:** Skin & hair conditioning

**Recommended** 

**use level:** 0.5 - 2 %

Formulation

**guidelines:** Solubility: water soluble (12 % at 25 °C)

Can be directly added to the aqueous

phase and heated as required.





#### RonaCare® Biotin Plus Known benefits of biotin

Biotin is a water-soluble B vitamin known as Vitamin B7 or Vitamin H

#### Biotin for hair care

- Enhancement of hair quality
- Decrease of split ends and "fly-away" hair"
- Promotion of hair growth, diminished hair loss

#### Biotin for skin care

- · Topical treatment of thin, sallow, dry and scaly skin
- Anti-age properties: anti-wrinkle effect

#### Biotin for nail care

- Improves TEWL of fingernails, thickens nails
- Works against brittle fingernails











"biotin" as ingredient

# products



Jan 2013 - Jun 2018

4466

new product launches



### Market analysis – Products with "biotin"

#### **Main applications**



#### color cosmetics

Nail lacquers 2 % Eye lash 1 % Foundations 1 %



#### skin care

Face care 18 % Hand & Nail care 7 % Eye care 4 %



### Hair products

Shampoo 23 % Hair treatments 14 % Conditioner 13 %







наіг & scalp applications



# Market analysis – "biotin" in HAIR CARE Main claims & Top 10 companies and countries



#### **Claims**

**Highlight: Vitamin** 

<b>Claims</b> in skin care products containing biotin	% products
Vitamin/Mineral Fortified	64.8 %
Moisturising / Hydrating	36.5 %
Damaged Hair	33.4 %
Anti-Hairloss	13.2 %



#### **Companies**

**Main player: Unilever** 

Company	Nb
Unilever	306
Schwarzkopf & Henkel	177
High Ridge Brands	105
Marc Anthony Cosmetics	93
Laboratorios Recamier	57
Vogue International	52
Henkel	40
L'Oréal	33
Beccair	33
Natura Siberica	32



#### **Countries**

**Main market: USA** 

Country	Nb
USA	321
Brazil	222
UK	111
France	102
Canada	99
Colombia	95
Mexico	92
Thailand	77
Peru	70
Germany	62



#### **HAIR CARE products examples**



Colombia



## **Belleza Express – Ultra Nutrit Complex BiotinMax Shampoo**

 features a formula with a Vitamin complex\*, designed specially to stimulate hair growth and strengthen weak, brittle hair. ...it makes hair more elastic and resistant; the root stronger and healthier; and helps to avoid hair fall.

\*Panthenol, Niacinamide, Biotin



#### Delia Cosmetics – Cameleo SOS for Hair Intensive Treatment Ampoules Against Hair Loss

 The innovative formula is based on the synergy of three active ingredients: arginine, to improve scalps' microcirculation...; biotin to improve hair's overall condition, increase its elasticity, strengthen structure and reduce hair loss; and Capixyl....



#### Unilever – TRESemmé Expert Selection Smooth & Shine Smooth & Nourish Conditioner

 Enriched with vitamin H and silk proteins, this formula is claimed to intensely moisturise hair to smooth flyaways, for hair that feels soft, smooth and silky.

**INTERNAL INFORMATION - DO NOT DISTRIBUTE** 



# Biotin efficacy for **HAIR & SCALP Topical use – data**

#### Hair quality

- A topical biotin lotion (0.003% and 0.01%) could enhance the quality of scalp hair in panelists with thin and brittle hair:
  - significant increase of tensile strength,
  - decrease of shed hair, split ends and fly-away hair

(Noser & Bimczok, 1996: 6 month study, 60 volunteers)



Expected overall benefits of biotin <u>leveraged</u>
by improved bioavailability of biotin in
RonaCare® Biotin Plus

#### Barrier function

 RonaCare® Biotin Plus (1%) significantly reduced the transepidermal water loss TEWL on forearms after 2 and 4 weeks treatment

(Merck study: 22 volunteers)



Skin barrier benefits expected to be transferrable to scalp





# skin care applications



#### Market analysis – "biotin" in **SKIN CARE**

#### Main claims & Top 10 companies and countries



#### **Claims**

**Highlight: Moisturizing** 

<b>Claims</b> in skin care products containing biotin	% products
Moisturising / Hydrating	71.2 %
Time/Speed	53.7 %
Vitamin/Mineral Fortified	48.3 %
Anti-Ageing	41.5 %



#### **Companies**

Main player: Bath & Body

Works

Company	Nb
Bath & Body Works	206
Laboratoires Filorga	99
Parfums Christian Dior	49
Clinique	42
Avon	39
Boots	30
Clarins	29
Laboratorios Genesse	28
Coty	26
Victoria's Secret Beauty	26



#### **Countries**

**Main market: USA** 

Country	Nb
USA	339
France	194
UK	183
Japan	121
China	115
Germany	107
Canada	55
Thailand	46
Poland	41
Spain	35



#### **SKIN CARE** products examples







Germany





Poland



#### Laboratoires Filorga – Hydra-Hyal Intensive Hydrating Plumping Concentrate

 The anti-aging range of products is formulated ...., a poly-revitalizing complex of active ingredients (vitamins, coenzymes, amino acids);....

## **CosTrade – Trosani Perfect Nails Super Nail Cream**

 It is formulated with biotin, hyaluronic acid, and vitamins A and C, said to provide intensive and activating nail care.

#### Oceanic – Long 4 Lashes Two-Phase Conditioning Eye Make-Up Remover with Biotin

 The liquid formula features: biotin, to stimulate eyelash growth; hyaluronic acid, to intensively moisturise and elasticise; provitamin B5 and allantoin, to soothe sensitive skin in the eye contour area and relieve irritation;...



## Biotin efficacy for **SKIN Topical use – data**

#### skin penetration

- Several studies show that biotin is able to penetrate into human skin to some extent:
- Examples of investigated parameters:
  - Influence of emulsion system on biotin liberation into skin (Wagner et al, 1997)
  - Use of modulators for penetration enhancement into the living layers of the skin (Huschka, 1998)
  - Biotin penetration in normal vs. dermatitisaffected skin (Makino et al, 1998)
  - Biotin transport into human keratinocytes (Grafe et al, 2003)

#### anti-wrinkle

- A topical application of biotin (0.25% in w/o cream) could significantly reduce the wrinkle score in the skin of elderly persons (forearm and dorsal hand skin)
- The placebo control induced no significant changes

(Gilli & Floersheim, 1995: 12 week study, 30 volunteers, mean age 76.7 years)



Proven skin care benefits of topical biotin leveraged by improved bioavailability of biotin in RonaCare® Biotin Plus



#### **Efficacy at a glance**

#### Bioavailability

 Biotin concentration in the stratum corneum of human skin can be highly increased in the presence of urea (Huschka: franz diffusion cell, dissertation 1998)



RonaCare® Biotin Plus represents a synergistic combination for improved bioavailability of biotin

#### strengthen & care

- RonaCare® Biotin Plus (0.5% and 1% in o/w emulsion)
  - reduced the **TEWL** (transepidermal water loss)
  - significantly reduced skin roughness after 2 and 4 weeks treatment on forearms

(Merck study: 22 volunteers)



Improved skin barrier integrity and skin smoothing properties

#### Anti-wrinkle

RonaCare® Biotin Plus (1% in o/w emulsion) reduced facial eye wrinkles by 11% after 4 weeks treatment

(Merck study: 5 volunteers)



RonaCare® Biotin Plus shows anti-wrinkle efficacy at lower biotin effective use level



## **Cosmetic applications**





#### Biotin & RonaCare® Biotin Plus – Mode of action and efficacy in cosmetics **Literature & study references**



#### **General**

Skin penetration: Wagner, C. et al. (1997): Vehicle-Dependent Biotin Liberation and Penetration into Human Skin. Skin Pharmacol 10, 34–39; Huschka, C. (1998): Untersuchungen zur Wirkung von Biotin auf humane Keratinozyten und zur Modulation der Biotinpenetration in humane Haut. Dissertation, Martin-Luther U, Halle; Makino, Y. et al. (1999): Percutaneous Absorption of Biotin in Healthy Subjects and in Atopic Dermatitis Patients. J Nutr Sci Vit 45, 347-352; Grafe, F. et al. (2003): Transport of Biotin in Human Keratinocytes. J Invest Dermatol 120, 428-433



#### Hair

**Hair structure:** Noser, F. & Bimczok, R. (1996): Biotin (Vitamin H) – An active ingredient for improving the quality of hair keratin. *SOFW* 122, 511-515.

**Hairloss:** Floersheim, GL. (1992): An Examination of the Effect of Biotin on Alopecia and Hair Quality. H+G 67, 246-255; Ablon, G. (2012): A Double-blind, Placebo-controlled Study Evaluating the Efficacy of an Oral Supplement in Women with Self-perceived Thinning Hair. *J Clin Aesthet Dermatol.* 5, 8–34



#### Skin - Biotin

**Anti-wrinkle:** Gilli, L. & Floersheim, GL. (1995): Influence of topically applied biotin on fine wrinkles in the skin of elderly patients. *H*+*G* 70, 419-425.

#### Skin - RonaCare® Biotin Plus Merck studies

**Anti-wrinkle:** Reduction of eye wrinkle by 11% (4w treatment, 1% RonaCare® Biotin Plus)

**Skin smoothing:** Significant reduction of skin roughness (after 2w and 4w, with 0.5% & 1% RonaCare® Biotin Plus) **Improved barrier:** Significant reduction of TEWL (2w and 4w treatment, 1% RonaCare® Biotin Plus)



#### **Nails**

**Brittle nails:** Colombo, V.E. et al. (1990): Treatment of brittle fingernails and onychoschizia with biotin: Scanning electron microscopy. *J Am Acad Dermatol*. 23, 1127–1132; Hochman LG. (1993): Brittle nails: response to daily biotin supplementation. *Cutis* 51, 303-305; Lipner, SR. (2018): Biotin for the treatment of nail disease: what is the evidence? *J Dermatol Treat* 29, 411-414.



# RonaCare® Biotin Plus The "Beauty Vitamin"



# CONTACT

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#### Merck KGaA

Performance Materials
Surface Solutions
Cosmetics
Frankfurter Str. 250
64293 Darmstadt, Germany
merck4cosmetics.com
E-Mail: cosmetic@merckgroup.com

#### **EMD Performance Materials Corp.**

Surface Solutions 1200 Intrepid Avenue, Suite 300 Philadelphia, PA 19112 emd4cosmetics.com E-Mail: rona@emdgroup.com A business of Merck KGaA, Darmstadt, Germany

#### Merck Ltd.

Performance Materials
Surface Solutions
Cosmetics
ARCO Tower, 5F
1-8-1, Shimomeguro, Meguro-ku
Tokyo 153-8605, Japan
merck4cosmetics.com
E-Mail: pti@merckgroup.com
A business of Merck KGaA
Darmstadt, Germany

